

eakin **Cohesive**[®] large

for managing significant peristomal skin ulcerations in a patient undergoing immunotherapy

Case study submitted by:

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Background

- Bricker surgery resulting in an Ileal conduit in 2020.
- Initially independent with stoma care.
- Undergoing immunotherapy treatment, 1 session every 3 weeks since October 2021.

Problems Experienced

- Initially managed under the Urology department where an alcohol-based paste was prescribed to prevent occurrence of leaks.
- May 2022 - Extensive peristomal skin ulcerations and additional painful broken skin necessitated a referral to the Ostomy Care department.
- Continuous, reoccurring pouch leakages with associated pain and burning sensation.
- The lady is no longer able to manage her stoma independently.

Nurse Advice

The routine was adapted as follows:

- Commence use of an adhesive remover spray to prevent further skin stripping to already damaged skin.
- Cleansing of the peristomal skin with water and Cicaplast B5 LAVANT, an unscented cleanser for sensitive skin.
- Dry by gently dabbing peristomal area.
- Application of fibre dressing - EXUFIBER - to the 3 peristomal ulcerations.
- Discontinue use of alcohol-based paste and commence use of eakin **Cohesive**[®] paste, a non-alcohol based solution. In addition, the use of an eakin **Cohesive**[®] large seal, chosen for the 98mm size to cover the remaining damaged peristomal skin.
- Application of the pouch and addition of a support belt to ensure a secure fit.



eakin Cohesive® seal

12th May 2022



23rd May 2022



14th June 2022



Solution with eakin Cohesive® large

The following two weeks showed a significant improvement for the lady. As ulceration healed, the fibre dressing was no longer required, simply the eakin **Cohesive**® paste and eakin **Cohesive**® large seal created an effective stoma care routine.

Skin: Ulceration has visibly healed and peristomal skin vastly improved.

Stoma Management: The lady finds the products easy to use and will continue to use products without alcohol.

Bigger Life: The lady was delighted to no longer have any pain and gain independence back in her stoma care routine. The stoma care nurse said

“There has been proven healing efficacy of the entire range of eakin® accessories and in particular of the 98mm ring and the paste for this patient.”

Product Used

eakin **Cohesive**® large
839001



eakin **Cohesive**® paste
839010

