

# eakin® creating a secure, adaptable routine during chemotherapy

Case study submitted by  
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## Background

- 77 year old male
- Active lifestyle, including golfing 18 holes twice a week.
- Diagnosed with rectal cancer in October 2020.
- Anterior resection with colostomy formation and 35mm stoma at creation.

## Chemotherapy commenced in December 2020

- 10 fortnightly sessions followed by a 6 month break.
- Further scans showed cancer was still present
- Chemotherapy treatment resumed, occurring every 2 weeks indefinitely.

## Current routine

- Utilising eakin **dot**® 2-piece flat due to the coupling
- being easy to use.
- Baseplate changed once every 4 days and pouch changed daily.



## Chemotherapy Challenges

### Chemotherapy induced diarrhoea

During chemotherapy cycles, on days 5 and 6 post treatment diarrhoea is experienced. 2-piece drainable system has allowed the pouch to be emptied regularly rather than changed. There has been no requirement to increase the pouch size, no change in baseplate wear time and no leaks have been experienced due to secure stoma care routine.

### Chronic fatigue

At first, experienced day 5 post treatment and lasted 2-3 days. In later cycles the fatigue has lasted up to 10 days. Stoma care routine is unaffected by fatigue and he is still able to manage his routine independently.

### Dexterity issues

Neuropathy developed in hands and feet resulting in an aversion to cold and the need to use of a golf buggy to continue his hobby. The gentleman is still able to manage his pouch changes independently with the eakin **dot**® 2-piece pouch. No issues in securing the pouch and baseplate with the easy to use coupling.

### Peristomal skin

Occasional dry skin and peristomal itch. The addition of a barrier cream at the baseplate helps sooth the itch and moisturise skin. No leaks or peristomal skin damage experienced despite irregular output during chemotherapy treatment.

### Stoma changes

Parastomal hernia developed in early chemotherapy cycles. Stoma increased in size by 5mm in first 6 months but no fluctuation in since. No change to core product used - baseplate was remeasured, the fluted flange adhered to body contours and the eakin **Cohesive**® seal was easily moulded to the changed stoma size. Flange extenders were introduced as a preventative measure against edge lift with a flat pouch.

### Product used

- eakin **dot**® 2-piece
- eakin **Cohesive**® small
  - eakin **Contour**™
- Flange Extenders
- Ostomy Belt

## Adapting to changing routines with eakin®

By choosing eakin® for this patient undergoing chemotherapy the ostomate was able to maintain and adapt his trusted routine to change with his changing side effects.

### eakin **dot**® 2-piece system

- Easy to use coupling and pop up guiding ring – a visual aid for when dexterity became a problem.
- Drainable pouch with easy to use outlet allowed for regular emptying rather than requiring additional pouch changes.
- Soft, flexible fluted flange adhered to changing body shape.

### eakin **Cohesive**® seal

- Moulded to the changing stoma shape and size to prevent leaks occurring.
- Provided additional protection against increased output, no leaks or peristomal skin complications were experienced.

### eakin® ostomy belt and flange extenders

- Provided additional security against edge lift with a flat pouch.

Trust eakin® to adapt for chemotherapy

Supporting your patients through every challenging day

